



# Sweet about me

Basic  
72 bpm  
3:23

Music: Gabriella Cilmi, CD "Lessons to be learned"  
Choreo: Sandra Pohlmann (sandra.pohlmann@googlemail.com)  
(10. Country- & Western Dance, Abbensen, 20.- 22.02.2009)

Sequence: **A B C Break D B C Ending**  
Wait 8 beats, start with right foot

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## Part A:

Triple Brush DS DS DS BR UP/H  
R L R L L R  
&1 &2 &3 & 4

2 Basics DS RS  
L & R L RL  
&1 &2

Repeat all above twice (opposite footwork)

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## Part B:

2 Triple Brush DS DS DS BR UP/H **move forward**  
L & R L R L R R L  
&1 &2 &3 & 4

2 Triple DS DS DS RS **move backwards**  
L & R L R L RL  
&1 &2 &3 &4

Repeat all above as written

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## Part C:

Vine 8 DS DS(xif) DS DS(xib) DS DS(xif) DS RS  
L R L R L R L RL  
&1 &2 &3 &4 &5 &6 &7 &8

4 Basic DS RS  
R/L/R/L R LR  
&1 &2

Repeat all above (opposite footwork)

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## Break:

4 Steps S S S S  
L R L R  
1 2 3 4

4 Toe-Heel T H T H T H T H  
L L R R L L R R  
& 1 & 2 & 3 & 4

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## Part D:

Push off DS RS RS RS  
L RL RL RL  
&1 &2 &3 &4

2 Basic DS RS  
R & L R LR  
&1 &2

Repeat all above (opposite footwork) 3 times

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## Ending:

2 Vine 8 DS DS(xif) DS DS(xib) DS DS(xif) DS RS  
L & R L R L R L R L RL  
&1 &2 &3 &4 &5 &6 &7 &8

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